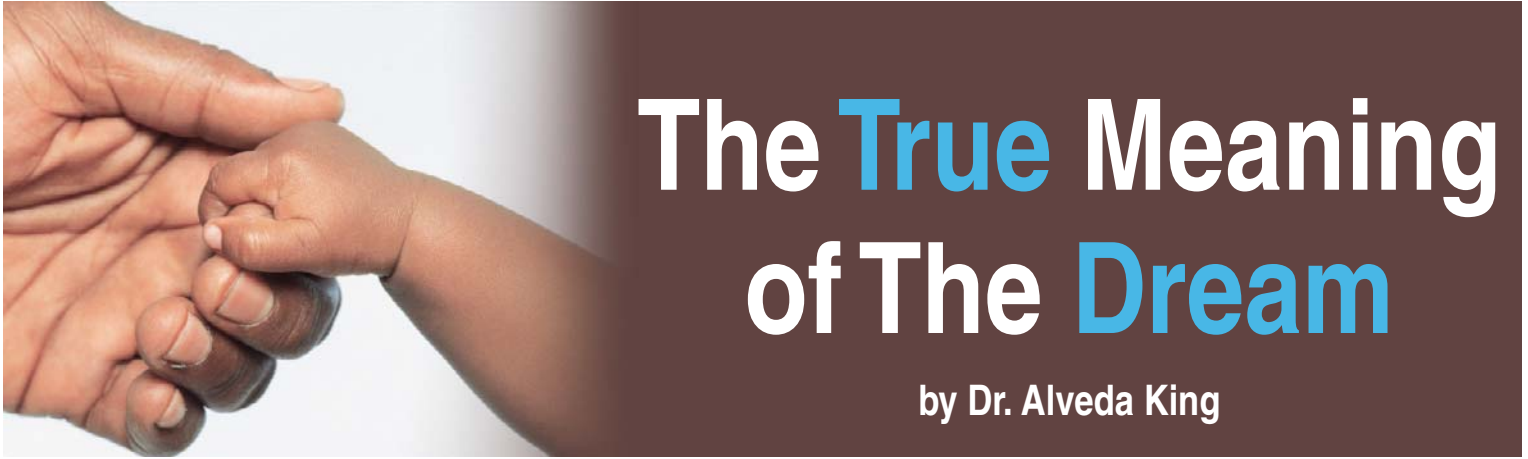


Did You KNOW?

Advertising Supplement



The True Meaning of The Dream

by Dr. Alveda King



Dr. Alveda King

Did You Know? is a message for our times! For nearly four decades, abortion has invaded our lives and the results have been devastating. In this publication, serious and dedicated pro-life activists examine the major issues concerning abortion and offer insight and solutions as we approach the return of the sanctity of life.

For too long, people have enjoyed the luxury of avoiding a hard examination of life questions, using common rhetoric such as, "I am not for abortion, but it's not my right to tell someone else what to do with her body." In *Did You Know?*, the authors refute common rhetoric with solid and sensible answers to those who would make light of the issue at hand.

Startling statistics cited herein prove that Blacks and other minorities have been targeted by the genocidal eugenics of reproductive racism. The authors debunk the rhetoric of "reproductive rights, healthy choice, and comprehensive birth control."

Abortion methods are not safe—they are deadly, leaving millions of babies dead, mothers wounded in spirit and body, families destroyed and a society struggling with the impact of the losses. The post-

abortion testimonies cited are compelling. The physical and psychological risks are thoughtfully examined and prove to be more devastating than many realize.

For too long, the public has been unaware of the links to abortion and breast and cervical cancer. Even in the cases of rape and incest, the repercussions of abortion are devastating. The authors cite alternative and effective solutions to abortion, such as help and healing for those who have experienced abortion; help and care centers; abstinence and adoption.

Dr. King once said: "The Negro cannot win if he is willing to sacrifice the futures of his children for immediate personal comfort and safety."

Former abortionists join in the struggle and add their voices to the post-abortive parents. They affirm the personhood of the babies and discuss the development of the person in the womb. The rise of pregnancy support groups lends answers to those who challenge the sincerity of the pro-life movement. To those who ask, "what happens once a woman decides to keep her child," the answers resonate. Pregnancy care centers and adoption programs are there to help.

Abstinence plays a major role in the life affirming benefits of the pro-life movement. In using public platforms, pastors and community leaders have a remarkable opportunity to help "set the captives free." Pastors and leaders are challenged to step out of the traditions of man, many of which are steeped in the false rhetoric of Margaret Sanger, and to tell the people the truth.

If Dr. King's dream is to have true meaning, the babies' civil rights must also be respected. Dr. King once said: "The Negro cannot win if he is willing to sacrifice the futures of his children for immediate personal comfort and safety." Although Dr. King once accepted an award from Planned Parenthood, his positions on non-violence would lead us all to question the violence of abortion, and to indeed cry out today, "We Shall Overcome...Abortion."

Dr. Alveda King is a civil rights activist, speaking out on behalf of all life. She is the niece of Dr. Martin Luther King, Jr., a pastoral associate for Gospel of Life Ministries, and Founder of King for America. She is a published author, producer and songwriter who writes about her own post-abortive experiences in her books: Sons of Thunder: The King Family Legacy; How Can the Dream Survive if We Murder the Children; and Who We Are in Christ Jesus. To contact Dr. King, call 888-735-3448, email mail@gospeloflife.com, or visit www.gospeloflife.com.

Free Pregnancy Help Lines

Pregnancy Care Center (English and Spanish)—24 hour
1-800-395-HELP (4357)
www.optionline.org

National Life Center—24 hour
1-800-848-5683
www.nationallifecenter.com

Birthright—24 hour
1-800-550-4900
www.birthright.org

Free help after an abortion

Rachel's Vineyard—24 hour
1-877-467-3463
www.rachelsvineyard.org

National Helpline for Abortion Recovery—24 hour
1-866-482-LIFE (5433)
www.nationalhelpline.org

Project Rachel
www.noparh.org

Abortion Recovery InterNational
www.abortionrecovery.org

Dedicated in loving memory to...
Erma Clardy Craven,
founding member of Human Life Alliance.

"Several years ago, when 17,000 aborted babies were found in a dumpster outside a pathology laboratory in Los Angeles, California, some 12-15,000 were observed to be black. Wake up, Black America, and relive Dr. Martin Luther King's Dream! The way of abortion is the way back into bondage!"

— Erma Clardy Craven

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Akua Furlow

"reproductive freedom" through legalization of contraceptives to be used by the wealthy and imposed Eugenic Sterilization Laws as "birth control" for everyone else.

The organization most responsible for propagating the bigoted concepts of "Social Darwinism" is the American Eugenics Society. Founded in the early 1900's, this organization was the sister organization of the British Eugenic Society which embraced the white—more specifically, the Anglo-Saxon—race supremacy doctrine. In the United States, eugenics became more than an abstract philosophy. It degenerated into an active campaign to eliminate all those deemed inadequate and resulted in a worldwide crusade to abolish all human inferiority.¹ The American Eugenics Society fostered the Jim Crow Laws of the South and Eugenic Sterilization Laws nationally, the anti-Semitic doctrine that encouraged Nazi Germany during the Jewish Holocaust and defined South-African Apartheid.

Despite claims that Margaret Sanger was not a racist or an anti-Semite, the fact remains that "she openly welcomed the worst elements of both into the birth

Reproductive Racism

The vision of Planned Parenthood, founded in 1916 by Margaret Sanger, became the working arm toward eugenic goals. The stated vision was

control movement."² Henry Pratt Fairchild who wrote, "Birth control and eugenics are by nature closely related, and neither one can attain its complete fulfillment, or render its maximum service to society, without the other"³ and Lothrop Stoddard, author of *The Rising Tide of Color Against White World Supremacy*, were two of many

truth revealed:

We do not want word to go out that we want to exterminate the Negro population...

-Margaret Sanger

Sanger, Margaret. Letter to Clarence J. Gamble, M.D. December 10, 1939. Sanger manuscripts, Sophia Smith Collection, Smith College, North Hampton, Massachusetts.

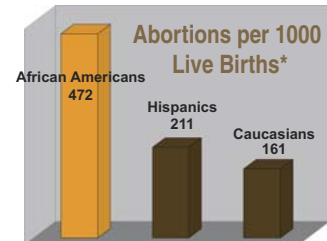
for the poor and disabled whom she frequently dubbed "undeserving," "unfit," and "dysgenic." Her call for their sterilization and segregation⁵ is well known and is likely to have been the motive behind her "Negro Project."

Lest one think reproductive racism was merely an issue of the past, current numbers prove the problem persists. Racial targeting by abortion providers, Planned Parenthood being the foremost national provider of abortions, has demonstrably resulted in a disproportionate

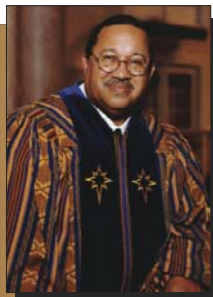
number of minorities obtaining abortions. In the year 2004, African Americans, numbering 37.6 million individuals or 13.1 percent of the US population, obtained 38.2% of abortions in that year.^{6,7} According to updated census reports, African Americans are no longer the largest U.S. minority population.⁸ Abortion and population control have taken a devastating toll on the African American community.

Akua Furlow is the author of the book *The Tuskegee Syphilis Study—What Really Happened* and is a nationally sought-after speaker on issues related to population control and bioethics. To contact Akua Furlow, call (713) 645-2442 or email WhatReallyHappened@hotmail.com. To order her book go to www.sojournerpress.com.

¹ Black, Edwin. *War Against the Weak: Eugenics and America's Campaign to Create a Master Race*. New York, Four Walls Eight Windows. 2003. p. 19. ² Ibid. p. 135. ³ Fairchild, Henry Pratt. "Programs and Wishes For 1933." *Birth Control Review*, Volume XVII, Number 1 (January 1933), p. 5. ⁴ Letter from Sanger to Dr. W. E. Burghardt DuBois, 11 November 1930, New York, MSCLC. DuBois served as director of research for the NAACP and as the editor of its publication, *The Crisis*, until 1934. ⁵ Sanger, Margaret, *The Pivot of Civilization*, Humanity Press, 1922, chapters 4, 5. ⁶ U. S. Census Bureau. Table 1. Population by Sex and Age, for Black Alone or in Combination and White Alone, Not Hispanic: March 2004. www.census.gov/population/socdemo/race/black/ppl-186/tab1c.pdf. ⁷ Centers for Disease Control and Prevention. "Abortion Surveillance – United States, 2004." *Surveillance Summaries* Nov. 23, 2007. MMWR 2007; 56 (No.SS-9). Table 1. www.cdc.gov/mmwr/preview/mmwrhtml/ss5609a1.htm. ⁸ U.S. Census Bureau. www.infoplease.com/ipa/A0762156.html. 2007.



*see Facts & Stats on p.9



Dr. Johnny Hunter

Throughout history, when evil has raised its ugly head to enormous proportions, there were those who sat on the sideline and there were those who decided to do something about it. Saving men, women and children from the horrible consequences of choosing death, especially abortion, must be a high priority in our communities. An analysis of the Statistical Abstract of the United States 2008 indicates that the African-American population has fallen below replacement level. Allow me to put the importance of this in proper perspective.

Many people believe that abortion is an issue that is only a concern to conservative White people. In reality, abortion affects people of all ethnicities. For people of various faiths in the African American communities, it has rapidly become an urgent problem which needs to be addressed.

Between 1882 and 1968, 3,446 Negroes were lynched in the United States. That number is surpassed within 3 days by abortion. Abortionists snuff out the lives of approximately 1,275 African American children each day. This is "womb-lynching," the implementation of Black genocide. We must not sit idly by while this is happening. We must take a stand!

The founder of Planned Parenthood, Margaret Sanger, was an avowed racist who advocated eugenics and selective population control. She implemented the "Negro Project" to woo unsuspecting ministers to help reduce the colored population. The Negro Project is still in operation today. Guess where a majority of abortion sites are located.

Whenever someone wants to keep the population of colored people down, they disguise themselves and their agenda. The KKK did it by wearing white sheets and hoods while pretending to promote Christian beliefs. They lynched those they did not consider to be equal human beings or persons like themselves.

Across this nation, the hoods that groups like Planned Parenthood use to hide their agenda are Black neighborhoods. They are notorious for disguising themselves as

medical healthcare facilities. What they push is abortion. Abortion is not healthcare; it's "death and don't care." Planned Parenthood is the largest abortion business in the country. As far as I am concerned, they have brought "womb-lynching" to America.

In the scriptures, Jesus said, "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly." (John 10:10) As a thief sneaks into a house, abortion pushers snuck into Black communities to make money by exploiting pregnant mothers, stealing the dreams of a generation, killing the children of the dream and destroying a child's true destiny.

When a baby is aborted, every civil right gained is lost for that child. A murdered child is denied the right to vote. A murdered child is denied the right to receive a quality education. A murdered child is denied the right to equal job opportunity. A murdered child is denied the right to life and to have a say in his or her destiny.

Brothers and sisters of faith, we cannot allow this unjust wrong upon the defenseless and innocent little ones to continue. We must make it right! For those who believe in choice, I exhort you to follow the counsel given by God Himself: "...choose life, that both you and your descendants may live." (Deut. 30:19)

Dr. Johnny M. Hunter, DD, is the National Director of Life Education and Research Network Inc. (LEARN). Established in 1993, LEARN is a prominent national organization founded and run by African American clergy, medical professionals and educators to preserve life and the family. To contact Dr. Hunter, call 910-488-9936 or visit www.learninc.org.



ABORTION METHODS

Vacuum Aspiration

The abortionist inserts a hollow plastic suction tube into the dilated cervix. The uterus is emptied by either a manual syringe or high-powered suction machine. The baby's body is torn into pieces as he or she is being pulled through the hose.

Dilation and Suction Curettage (D&C)

This is similar to the vacuum aspiration. However, after the baby is suctioned out of the uterus, the abortionist inserts a curette, a loop-shaped steel knife, up into the uterus. With this, the abortionist cuts the placenta and umbilical cord into pieces and scrapes them out into a basin. The uterus is again suctioned out to ensure that no body parts have been left behind. Bleeding is usually profuse.

Dilation and Evacuation (D&E)

Once the cervix is dilated considerably further than in first trimester abortions, the abortionist inserts a narrow forceps that resembles a pliers. This instrument is needed because the baby's bones are calcified, as is the skull. The abortionist inserts the instrument into the uterus, seizes a leg or other part of the body and, with a twisting motion, tears it from the baby's body. The spine is snapped and the skull crushed. Body parts are then reassembled and counted to make certain that the entire baby has been removed and that no parts remain in the womb.

Partial-Birth Abortion or Dilation and Extraction (D&X)

After undergoing two days of dilation, the abortionist performs an ultrasound to locate the child's legs and feet. The abortionist then uses a large forceps to grasp one of the baby's legs. He pulls firmly, forcing the child into a feet-down position.

Using his hands instead of forceps, the abortionist delivers the baby's body in a manner similar to a breech birth. The baby's head remains inside the birth canal. The abortionist uses surgical scissors to pierce the child's head at the base of the skull. The scissors are forced open to enlarge the skull opening. The abortionist then inserts a suction catheter into the brain and vacuums out the child's brain tissue with a machine 29 times more powerful than a household vacuum.

In the 2007 decision, *Gonzales v. Carhart*, the Partial-Birth Abortion Ban Act of 2003 was upheld. However, the Partial Birth Abortion Ban did *not* limit the frequency of late-term abortions. The "Ban" merely regulated one method used in late-term abortions. It is still legal for a doctor to kill a child up until the time he or she is born using a modified version. The baby can be delivered up to the navel and then killed.

RU-486 – Mifeprex (The Abortion Pill)

Mifeprex blocks the action of the hormone progesterone, which is needed to maintain the lining of the uterus providing oxygen and nutrients for the baby. Without it, the baby dies. Mifeprex is used in conjunction with the drug Cytotec (misoprostol) which is taken two days after Mifeprex, causing uterine bleeding (sometimes profuse), strong contractions, and expulsion of the baby.

The pregnant woman first visits the abortionist to obtain the Mifeprex pills, returns two days later to receive misoprostol, and a third time to verify that the abortion is complete. The failure rate of this method is about 8% if the pills are taken within 7 weeks and up to 25% at 8-9 weeks. If the baby survives the abortion, there is an extremely high risk that he or she will suffer mental and/or physical birth defects from the misoprostol.

Emergency Contraception – Plan B (Morning-After Pill)

Emergency Contraception (EC) contains synthetic progesterone and is a large dose of the common birth control pill designed to be taken as a single dose after "unprotected sex." EC works in three ways. First, it attempts to stop ovulation. Depending on where a woman is in her cycle, ovulation may or may not have already occurred before EC was taken. Second, EC attempts to stop fertilization by impeding the transportation of either the sperm and/or the egg. Third, EC tries to stop implantation by altering (thinning) the lining of the endometrium (uterus) so the embryo cannot implant and receive nourishment from the mother. The first two methods are contraceptive, but if they fail, the third method can cause an abortion because it occurs after fertilization.



Roe vs. Wade 1973 7-2 Decision

Unborn: Non-person

Property of Owner

(Mother) Choose to Keep or Kill

Pro-Lifers Should Not Impose
Morality on Mother

Abortion is Legal

Dred Scott 1857 7-2 Decision

Black: Non-Person

Property of Owner

Choose to Buy-Sell-Kill

Abolitionists Should Not Impose
Morality on Slave Owner

Slavery is Legal



**Noreen
Johnson, M.D.**

Reflections of an *Ex-abortionist...*

The process of becoming an abortionist is an insidious one that begins with early indoctrination. Sex education introduces students to contraception and abortion as a choice if an unwanted pregnancy arises out of failed contracep-

tion. When a medical student is told she has to see an abortion, and then do one before she teaches one, desensitization is in progress. Once the unborn baby is dehumanized, it is easy for the doctor to rationalize that she is a benevolent protector of women's rights, one of only a few who would make the sacrifice to deliver a woman out of a crisis situation. The universal ethic of mutual benefit that says one human being should not benefit at the expense of another is no longer credible. He thrives on self-justification, having completely lost his sense of right and wrong, and becomes morally and spiritually bankrupt.

62.5% of abortion clinics are located in the inner city and in neighborhoods where poor and minority people live. As a result, it is easy for these clinics to provide substandard care, where accurate medical records are not kept and post-abortion follow up virtually doesn't exist. Patients are told that if a complication develops they should go to the nearest emergency room. The employees of abortion clinics are well paid and are trained to coerce undecided patients into having an abortion that very same day if possible. The personality of these same clinic employees often changes once the patient is on the examination table, and especially if any attempt is made to resist or complain during the procedure.

Abortion is a multibillion-dollar industry. Government grants and contracts provide \$305 million to Planned Parenthood annually.¹ Another \$139 million annually is revenue from abortion.¹

Entrepreneurial business types, hired doctors and clinic employees profit handsomely from the abortion industry. An abortion doctor is paid cash, up front, before any service is rendered. Working only 4 hours per day and only 4 days a week, a doctor performing thirty first trimester abortions per day, each costing \$500, can easily gross \$60,000 per week. Imagine the profit for second trimester abortions costing \$1,000, and third trimester abortions costing upward of \$3,000 each. The abortion industry also provides fetal tissue for stem cell research, organ and tissue transplantation and harvesting, and ultimately human cloning.

The abortion issue is politically charged and is a major factor in nominating political candidates, determining Supreme Court appointees, and influencing international policies. The United Nations' aid programs have now become a source of extortion for third world countries striving to maintain their anti-abortion stance.

So what causes a dehumanized physician to stop doing abortions? The prayers of the righteous. An abortionist's heart is so hardened that no words, no picketing, no human effort can change it. She may also desire to practice mainstream medicine because primary care OB-GYN physicians who practice abortion do not usually have a decent reputation or a thriving medical practice. Abortionists bear the scourge of being the scum of the medical profession. The average woman would not choose an abortionist as her primary care physician.

Even after the Lord changes an abortionist's heart, there is a process of re-humanization that must occur in order to bring healing and reconciliation for years of perpetrating the ugliest of crimes against humanity.

Dr. Noreen Johnson is a former abortionist. She now serves as the Education Coordinator for LEARN, Inc. To contact Dr. Johnson, call 910-488-9936 or visit www.learninc.org.

¹Planned Parenthood Federation of America Annual Report 2005-2006. Page 4, 14. www.plannedparenthood.org/files/PPFA/Annual_report.pdf.

THE AFTERMATH OF ABORTION



Star Parker

They tell you, "it's a quick fix..."

They say, "It will solve your problems and allow you to get on with your life..."

They're wrong.

Few women have been told that having an abortion carries lasting physical and psychological consequences.

If they had been warned...would their "choice" have been abortion?

Because of the nature of the procedures used to abort children, women are susceptible to serious physical complications. Women can face hemorrhage that requires transfusion, perforation of the uterus, cardiac arrest, endotoxic shock, major unintended surgery, infection resulting in hospitalization, convulsions, undiagnosed ectopic (tubal) pregnancy, cervical laceration, uterine rupture, and death.¹

Women who abort are more likely to experience ectopic pregnancies, infertility, hysterectomies, stillbirths, miscarriages, and premature births than women who have not had abortions.²

In addition to physical problems, women risk psychological complications from abortion. Pregnant women who abort have a 6 times higher rate of suicide than those who carry their babies to term.³ Teenagers who abort are 10 times more likely to attempt suicide

than teens who have not had an abortion.⁴ A recent study of post-abortive American women found that 65% are more likely to be at risk of long-term clinical depression.⁵

Women who abort are not only putting their own lives and health at risk, they also endanger the lives of their current and future children. Women who abort are 144% more likely to physically abuse their children⁶ In addition, women who've undergone previous abortions have a 60% higher risk of miscarriage.⁷

Ann Marie, a post-abortive woman, shares, *Abortion changes you forever. I thought the abortion would free me up from a responsibility I felt I was not ready for. Instead it held me in bondage to feelings of regret, remorse, depression and despair. My soul became a slave to self-hatred and worthlessness. My sanity was the price I would pay. Women deserve better than abortion.*

The physical and psychological aftermath of abortion is devastating. Listen to the many voices of hurting post-abortive women. Read some of their stories at www.silentnomoreawareness.org/testimonies/index.



¹Warren Hern, Abortion Practice, (Philadelphia: J.B. Lippincott Company, 1990), p. 175-193. | ²Strahan, T. *Detrimental Effects of Abortion: An Annotated Bibliography with Commentary* (Springfield, IL: Acorn Books, 2002) 168-206. | ³M. Gissler et al., "Injury deaths, suicides and homicides associated with pregnancy, Finland 1987-2000," *European J. Public Health*, 15(5):459-63, 2005. | ⁴B. Garfinkle, Stress, Depression and Suicide: A Study of Adolescents in Minnesota. (Minneapolis: University of Minnesota Extension Service, 1986). | ⁵JR Cougle, DC Reardon & PK Coleman, "Depression Associated With Abortion and Childbirth: A Long-Term Analysis of the NLSY Cohort," *Medical Science Monitor* 9(4):CR105-112, 2003. | ⁶Priscilla K. Coleman, Charles D. Maxey, Vincent M. Rue, and Catherine T. Coyle, "Associations between voluntary and involuntary forms of perinatal loss and child maltreatment among low-income mothers," *Acta Paediatrica* 94, 2005. | ⁷N. Maconochie, P. Doyle, S. Prior, R. Simmons, "Risk factors for first trimester miscarriage—results from a UK-population-based case-control study," *BJOG: An International Journal of Obstetrics & Gynaecology*, Dec. 2006.

What About Rape & Incest?

Kathleen DeZeeuw's son Patrick was conceived in rape when she was 16. "I feel personally assaulted and insulted every time I hear that abortion should be legal because of rape and incest," stated Kathleen. "Having lived through rape, and also having raised a child 'conceived in rape,' I feel that we're being used by pro-abortionists to further the abortion issue, even though we've not been asked to tell our side of the story."

Twenty-five years after the abortion of her child, Edith

Young, a 12-year-old victim of incest agonized that, "The abortion which was to 'be in my best

interest' just has not been. As far as I can tell, it only 'saved their [my parents'] reputations', 'solved their problems' and allowed their lives to go merrily on."

Studies show that incest victims rarely ever voluntarily agree to abortion. Instead of viewing the pregnancy as unwanted, the incest victim is more likely to see the pregnancy as a way out of the incestuous relationship because the birth of her child will expose the sexual activity.

Researchers David C. Reardon, Julie Makimaa, and Amy Sobie completed a nine-year study on pregnancy outcomes of sexual assault victims. As part of their research the authors found that after any abortion, it is common for women to experience guilt,

depression, feelings of being "dirty," resentment of men, and lowered self-esteem. These feelings are identical to what women typically feel after rape. Abortion only adds to and accentuates the traumatic feelings associated with sexual assault. Rather than easing the psychological burdens, abortion adds to them.

The two stories above are just the beginning of what is being exposed surrounding the tragedy of abortion due to rape and incest.

Reardon, Makimaa, and Sobie identified

testimonies from 192 women who became pregnant as a result of rape or incest and 55 children conceived

in sexual assault and compiled them in their provocative book, *Victims and Victors*.

Pregnancy resulting from sexual assault is actually a contraindication for abortion. A doctor treating a sexual assault victim should advise against abortion precisely because of the traumatic nature of the pregnancy. The testimonies and studies quoted in this book confirm that both the mother and child are helped by preserving life, not by perpetuating violence.

David C. Reardon, Julie Makimaa, and Amy Sobie. Victims and Victors. Acorn Books, Springfield, IL 2000. pp.15-17. For further information see www.afterabortion.org.

“Abortion only adds to and accentuates the traumatic feelings associated with sexual assault.”

Star Parker is the founder and president of CURE, the Coalition on Urban Renewal & Education. She is a syndicated columnist and a social policy consultant. She has written three books: Pimps, Whores & Welfare Brats, Uncle Sam's Plantation, and White Ghetto: How Middle Class America Reflects Inner City Decay. To contact her, call 202-204-2575 or visit www.urbancure.org to view a video of her personal story.

Abortion Breast & Cancer

Women who experience at least one full-term pregnancy in their lifetime develop four types of breast lobules. During adolescence, the majority of lobules are Type 1 and Type 2, which are immature and cancer susceptible. Throughout the first trimester of pregnancy, the number of Type 1 and 2 lobules rapidly increase. As a result, breasts have more sites for cancer to start. In the second trimester, the breast lobules start maturing into Type 4 lobules, which are cancer resistant. By the end of the third trimester, 85% of the breast has fully matured. Only 15% of lobules remain immature and cancer susceptible, leaving fewer opportunities for cancer to start. After birth and weaning, Type 4 lobules regress to Type 3. There is evidence of permanent changes in the genes of Type 3 lobules which provide life-long cancer resistance.

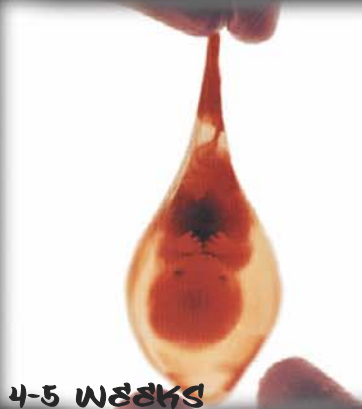
So how does abortion affect this process? Abortion stops the progression of breast lobule development in a normal pregnancy. This prevents the development of Type 4 and subsequently Type 3 cancer resistant lobules. Induced abortion of a normal pregnancy results in increased risk of breast cancer for the mother since more Type 1 and 2 lobules remain.

The vast majority of natural miscarriages in the first trimester do **not** increase the risk of breast cancer. In these cases, pregnancy hormones are lower than those of a normal pregnancy due to either a fetal or ovarian abnormality. Therefore, a breast may not have grown more Type 1 and 2 lobules (sites where cancer starts) in response to pregnancy hormones, or at least very few. Approximately 90% of miscarriages occur in the first trimester.

For more detailed information on this subject visit www.bcpinstitute.org/reproductive.htm.

Adapted with permission from: Breast Cancer Prevention Institute. "Reproductive Breast Cancer Risks and Breast Lobule Maturation." 2007. www.bcpinstitute.org/reproductive.htm. | Breast Cancer Prevention Institute. "Breast Cancer Risks and Prevention: Third Edition." 2005. www.bcpinstitute.org/booklet3.htm#history.

THE BUILDING BLOCK



4-5 WEEKS



6 WEEKS



10 WEEKS

DAY 1

Fertilization

The sperm joins with the ovum to form one cell. This one cell contains the complex genetic makeup for every detail of a new human life—the child's sex, hair and eye color, height, skin tone, etc. From that moment on nothing new is added but oxygen, nutrition, and time.¹

1st Month (1-4 Weeks)

The first cell divides in two and cell division continues as the newly formed individual travels down the fallopian tube to the uterus. Over 500 cells are present when this tiny embryo (the blastocyst*) reaches the uterus 7 to 10 days after fertilization.² Foundations of the brain, spinal cord, and nervous system are already established, and by day 21 the heart begins to beat in a regular fashion with a blood type often different from the mother's.³ Muscles are forming, and arms, legs, eyes, and ears have begun to show.

**The blastocyst is the stage at which many researchers want to destroy the embryo in order to harvest stem cells, which are the building blocks of life.*

2nd Month (5-8 Weeks)

By 6 weeks, brain waves can be detected by electroencephalogram and the brain is controlling 40 sets of muscles as well as the organs.⁴ The jaw forms, including teeth and taste buds.⁵ The baby begins to swallow amniotic fluid, and some have been observed hiccupping.⁶ During this time, the stomach produces digestive juices and the kidneys begin to function.⁷ Fingers and toes are developing, and at 7 weeks the chest and abdomen are fully formed.⁸ Swimming with a natural swimmer's stroke in the amniotic fluid, she now looks like a miniature human infant.^{9,10}

3rd Month (9-12 Weeks)

Unique fingerprints are evident and never change.¹¹ The baby now sleeps, awakens, and exercises her muscles by turning her head, curling her toes, and opening and closing her mouth. Even though mom cannot feel movement yet, the baby is very active. She breathes amniotic fluid to help develop her respiratory

system. The sex can be visually determined, and family resemblances may appear as well!¹² By the end of the month all the organs and systems of her body are functioning.¹³ This is the stage when most abortions occur.

4th Month (13-16 Weeks)

By the end of this month, the baby is 8-10 inches in length and weighs about ½ pound. Her ears are functioning and she hears her mother's heartbeat, as well as external noises like music. Mom begins to feel the baby's movement; a slight flutter at first that will become stronger.¹⁴ Lifesaving surgery has been performed on babies at this age.

5th Month (17-20 Weeks)

If a sound is especially loud, the baby may jump in reaction to it. Thumb-sucking has been observed during the fifth month.¹⁵ Babies born prematurely at this stage of development often survive, thanks to advances in neonatal medicine.¹⁶

6th Month (21-24 Weeks)

Oil and sweat glands are functioning. The baby's delicate skin is protected

in the amniotic sac by a special ointment called vernix. She grows rapidly in size and strength while her lungs become more developed.¹⁷

7th Month (25-28 Weeks)

The baby can now recognize her mother's voice. She exercises by stretching and kicking as she grows even bigger. She uses the senses of hearing, touch, and taste, and she can even look around with open eyes at her watery home.¹⁸ If the baby is a boy, his testicles descend from the abdomen into the scrotum.¹⁹

8th Month (29-32 Weeks)

The skin begins to thicken, with a layer of fat stored underneath for insulation and nourishment. The baby swallows a gallon of amniotic fluid per day and often hiccups.²⁰ Though movement is limited due to cramped quarters, the baby's kicks are stronger and mom may be able to feel an elbow or heel against her abdomen.²¹

9th Month (33-36 Weeks)

Gaining ½ pound per week, the baby is getting ready for birth. The bones

S OF LIFE

20 WEEKS

Photo courtesy of Life Issues Institute

24 WEEKS

HELLO!

in her head are soft and flexible to more easily mold for the journey down the birth canal.²² Of the 45 generations of cell divisions before adulthood, 41 have already taken place. Only four more come before adolescence. Ninety percent of a person's development happens in the womb.²³

Footnotes:

¹ "The Drama of Fetal Development." *American Baby*, January 1989, p. 45. | ² *Mayo Clinic Family Health Book*, 3rd ed. Harper Resource, 2003. | ³ Moore and Persaud, *The Developing Human*, p. 310. | ⁴ Hannibal Hamlin, M.D. "Life or Death by EEG." *JAMA*, Oct. 12, 1964, p. 113. | ⁵ T.W. Sadler. *Langman's Medical Embryology*, 7th ed. Baltimore, Williams & Wilkins, 1995, p. 341. | ⁶ J.I.P. deVries, et al. "The Emergence of Fetal Behavior." *Early Human Development*, Vol 12, 1985, p. 108. | ⁷ Gordon, Debra, MD. "Pregnancy." *The Gale Encyclopedia of Medicine*, 2nd ed, pp. 2694-2695. | ⁸ *Mayo Clinic Family Health Book*, 3rd ed. Harper Resource, 2003, p. 268. | ⁹ Valman & Pearson. "What the Fetus Feels." *British Medical Journal*, p. 234. | ¹⁰ *Mayo Clinic Family Health Book*, 3rd ed. Harper Resource, 2003, p. 269. | ¹¹ Moore and Persaud. *The Developing Human*, p. 428. | ¹² Flanagan. *Beginning Life*, pp. 59-65. | ¹³ Cunningham, MacDonald et al. *Obstetrics*, 18th ed, p. 90 & 103. | ¹⁴ Flanagan. *Beginning Life*, p. 68. | ¹⁵ Health & Wellness Resource Center. "Normal Growth of a Baby During Pregnancy." *Clinical Reference Systems Annual* 2001, p. 1391. | ¹⁶ Kolata, Gina. "Survival of the Fetus: A Barrier is Reached." *New York Times*, Mar 18, 1989, p. C1; Browne, Mona Z. "19 Week Early Preemie Wins Life Struggle." *Miami Herald*, Oct 4, 1985, p. 1A. | ¹⁷ Gordon, Debra, MD. "Pregnancy." *The Gale Encyclopedia of Medicine*, 2nd ed, pp. 2694-2695. | ¹⁸ Ibid. | ¹⁹ Health & Wellness Resource Center. "Normal Growth of a Baby During Pregnancy." *Clinical Reference Systems Annual* 2001, p. 1391. | ²⁰ Ibid. | ²¹ Ibid. | ²² Sassone, Robert L. "Interview with Prof. Sir A. William Lilley." *The Tiniest Humans*, 2nd ed, http://studentorgs.vanderbilt.edu/sfl/lejeune_testimony.htm.



Lorey Kelley

was "pregnant and scared," you probably took little notice of what was being offered and have likely never been to a pregnancy care center to find out. If this is true, please read on...

A pregnancy care center is a place where girls and women who are (or think they are) pregnant can find caring, supportive people to provide a free pregnancy test and free counseling based on the results of the test. If the woman is pregnant, a counselor will lovingly ask how she feels about being pregnant and what she plans to do. The counselor will comfort her and offer to support her throughout her pregnancy and during the beginning of the parenting process. If she is considering terminating the pregnancy, her counselor will offer to discuss other options.

Through the pregnancy care center she can receive on-going counseling, baby supplies, birthing classes, nutrition classes, parenting

Pregnant and Scared?

If you've ever seen a billboard, newspaper or phonebook advertisement posing this question, chances are you've seen an ad for a pregnancy care center. Unless you (or someone you know) were actually the one who

classes, assistance connecting with other social services and more. **All of this support is provided to her free of charge.**

Unlike most community clinics where she is just another "number" or "name on a list," when she steps into a pregnancy care center she will meet people who care about her physically, emotionally, mentally, socially and spiritually.

From the moment she receives that first comforting hug, she will have someone who cares on her side. Someone who will listen to her, help

her think her decisions through, and encourage her to make the healthiest possible choices. The relationship begun with her counselor at the pregnancy care center will often last years beyond her pregnancy.

If someone you know is pregnant and scared, be a friend and tell her that there are people who care and can help. Then give her this number 1-800-395-HELP, or tell her to visit www.OptionLine.org. They will be connected to a pregnancy care center nearby.

Lorey Kelley is the Director of Urban Center Development for Care Net, a national affiliation organization representing 1,100 pregnancy centers across the US. To contact her, call 703-554-8752 or visit www.care-net.org.

From the moment she receives that first comforting hug if the test shows she is pregnant, she will have someone who cares on her side.

The Real Story: How Abortion Affects Families

Denise's Story: I should have been playing with dolls. Instead I was playing with the notion of having sex—fully armed with free birth control from our neighborhood Planned Parenthood and eager to lose my virginity—all by the age of 12.

Like so many, I too was taken captive by the free love movement and the Pandora's box opened by my seventh grade sex education classes. Encouraged by media and pop culture, we were given the green light to adopt the requisite loathing of traditional values of purity and abstinence until marriage, in order to "live the life we wanted."

College dorm life was a sexual free for all. By age 25, I had been with 49 sex partners, aborted 3 babies, (what a sanitized way of saying that I killed 3 people), contracted one STD and became part of an ill-fated marriage.

Throughout my adolescent, college and young adult years I was spiritual, but not moral. I was my own god and I worshipped me. I made up the rules. I was determined to have my career and fulfill my mandate. Nothing, no one, and no circumstance were going to stop me. Life was about having fun without consequences. With racial and sexual roadblocks gone, abortion was my guaranteed ticket to the American dream of endless fun and prosperity: two-kids, suburban home, cruise ship vacations, camper, boat and a dog.

Brian's Story: I was a stone cold Black nationalist and was proud to be called a "brother." I did my share of sit-in's, protest marches, forums and conspiracies. I would gladly have taken a bullet for my woman and for my race. When the time came to bring my contribution to nation building to life, "brother-man" ran with his tail between his legs succumbing to fear and selfishness.

I am a former co-conspirator to murder. I was so fearful and self-centered that I put my own flesh and blood to the knife on an abortionist's table in New York City.

There are consequences when we abandon our God-designed role as provider and protector of our families. Whether you drove your wife/fiancée/girlfriend to the "clinic" as I did years ago—or were an agreeable, non-present partner—something inside you died when your child died.

As for me, my manhood and self-respect died. The natural, God-given drive, leadership and protection instilled in a man for his family died. I lost a son who would have been twenty-eight this year. He would have been an older brother for my son and two daughters who are alive today. It did not stop there. Miscarriage, a common side effect of abortion, banged down my door and took my youngest daughter shortly after.

I lost the trust, respect and deep companionship of my wife—we behaved more like roommates than spouses. For years she loathed the sight of me because I didn't have the courage to say, "let's get

The initial relief I felt after the abortions was supposed to last forever. But immediately following the third abortion, a deep, unconscious rage gained fervor and began to silently roar. I coped by following my boyfriend Brian's (later became husband) advice to "forget about it; let's not talk about it anymore" and dismissed my pain. Inwardly I was appalled, but outwardly his advice seemed right since all that was lost were "blobs of tissue"—right?

I tried over and over again to get on with the American dream, but it continued to elude me. I had unknowingly joined the ranks of the millions of post-abortive walking wounded, and it put my life into a total subconscious tailspin for the next 20 years.

The first 17 years of my marriage were plagued with emotional firestorms. Where was all this rage coming from? Why couldn't I seem to get on with life, or get my life in order? My husband is a faithful, hard-working, kind, loving and handsome man, yet I could not stand the sight of him.

Four months prior to our African wedding he abdicated his role as my hero and protector by insisting on the abortion of our first child together. To make matters worse, after the birth of our first child a year later, he sent me to the welfare office. Wasn't abortion supposed to keep me off of welfare and propel me into the American dream?

Even though I unconsciously despised him for it, and blamed him for everything that was wrong with our lives, I did not realize until many years later how tortured, fractured and bleeding both of us were because of our abortions.

Day after day I wandered around in a hopeless sea of silent unconscious grief—hating my husband—but hating myself more. I finally got to go to law school, but I ate my way through it and gained 100 pounds more. Suicidal thoughts frequently rattled through my brain; not because I wanted to die, but because I just wanted to stop the pain.

Somehow on my way to the American dream it did not even dawn on me that the Creator built into me the instinctual capacity to nurture and raise children, and that by killing my own I would be left with a broken heart—a bottomless pit of emptiness, shame, rage, remorse and regret.

The good news is that God led Brian and I to support groups where compassionate men and women helped us to recognize that post-abortion trauma is a real wound that causes deep pain and suffering. They lovingly administered the aid and help we needed to be healed and made whole again. I can never bring my babies back, but I can warn others that abortion is not the solution you think or have been told it is. Abortion will destroy whoever you are inside, and your baby. Like a cancer, it will grow and attach itself to others in emotional and spiritual places you would never dream possible. This cancer has reduced the African American population by 39.6%.

Do yourself a favor and take this warning seriously. Or pass it along to someone you know who is contemplating abortion. It can save their life and the precious life of their child.

To read the unabridged versions of these true stories go to www.humanlife.org.



The Walker Family

involved with abortion. My wife and I were able to go through abortion recovery and our marriage and family were restored. Individually, we have reconciled with God and our children and have experienced a peace that permeates our hearts.

As black men, let us take responsibility and have the courage to say—what I did not say many years ago—"Honey, let's do the right thing, believe God, and bring this child into the world as husband and wife."

married, have this child, and have a life." Instead, I was derelict of all my manly duties and chose what I thought was the easy way out.

I remember my shame. I was unwilling to tackle the responsibility of raising a child and supporting a family. I wanted to continue "shacking up" and not pay any penalties. It was easy for me to buy into the lie "the unborn is not a child"—even though I knew in my heart I was wrong.

"How can a wife trust a husband who will end his son's life? What would people think of me if they knew?" Questions like these weighed heavily on my mind. Like most men, I "got on" with life. I buried myself in causes, ministries, vocations, newspapers and recreation. All the while, self-hatred anchored me to my albatross—mediocrity. This further pounded nails into my wife's heart—and my own.

Maybe you're the father whose child

was aborted without your knowledge or consent. Maybe you pleaded with the mother to keep the child or choose adoption, only to be told you had no right or say in the matter. You are the real brothers because you fought for your family! You survived the legally-imposed impotence that bludgeoned your fatherhood, leaving millions of our brothers grief stricken—with rage searing through your heart like a hot branding iron. The day your child died, you died too.

Want a snapshot of America? The 1973 Roe v. Wade decision devastated the family and destroyed whole populations. African American men: Listen to me! Nearly 40% of our race is GONE—I and maybe even you have contributed to the genocide of our own people!

That is why I am passionate about supporting abortion recovery ministries and strongly urge men to participate in one if you, your wife or girlfriend have been

Rev. Brian & Rev. Denise Walker founded Everlasting Light Ministries which is dedicated to exposing the lies about abortion and revealing the truth about its genocidal effects, and re-establishing the culture of marriage in the African American community. They co-authored and conduct Rich in Mercy, an abortion and miscarriage recovery program, and Everlasting Love, a marriage enrichment and restoration course. The Walkers are seasoned communicators appearing as guests and co-hosts on radio; keynote speakers at statewide and local conferences and pro-life events; and seminar presenters.

To contact the Walkers, call 763-560-8383 or visit www.everlastinglightministries.org

The LIES we've been told



FACTS & STATS

- On January 22, 1973 the U.S. Supreme Court legalized abortion through all 9 months of pregnancy.¹
- Since abortion was legalized in 1973, the lives of over 50 million pre-born babies have been extinguished.² Over 16 million of these abortions were African American babies.³
- In 2004, white women had 161 abortions per 1,000 births, Hispanics had 211 abortions per 1,000 live births, while African American women had 472 abortions per 1,000 live births.⁴ Over 37% of African American pregnancies end in abortion.⁵
- African American women account for 38% of all abortions, while only making up 13% of the female population.^{6,7}
- Abortion is the leading cause of death among African Americans. In fact, you can stack deaths from HIV-AIDS, violent crime, accidents, cancer and heart disease one on top of the other and still not come close to the 16 million black babies that have died by abortion.⁸
- Abortion has reduced the African American population by 39.6%.^{2,3,9,10}
- Between 1882 and 1968, 3,446 Negroes were lynched in the United States.¹¹ That number is surpassed within 3 days by abortion. Abortionists snuff out the lives of approximately 1,275 African American children each day.^{3,9}

My Body, My Choice!

The term "pro-choice" avoids talking about what you are choosing. Most people agree that we can be "pro-choice" about many things without offending anyone (i.e. chocolate or vanilla, paper or plastic). The term "choice" is value-neutral and meaningless unless we have some idea of what we are choosing. Society generally limits people's choices when it comes to behaviors that are harmful or potentially harmful to other people. We, as a society, are "anti-choice" when it comes to theft, arson, murder, and a whole host of other actions.

A Woman's "Right"/Freedom to Choose

It sounds almost patriotic. Our great American freedoms: freedom of speech, freedom of assembly, freedom of religion, etc. Individual rights are important, but you will not find "a right to abortion" anywhere in the Constitution. We have come too far to reduce a woman's "right" to mean the "right to kill her own children."

It's Just Tissue

Consider the following facts: Simple tissue does not have a beating heart, brain waves, fingerprints, and unique DNA. A woman can carry a baby with a different gender or blood type from her own. After the moment of fertilization, nothing new is added to the baby except oxygen, nutrition, and time. The only differences between a newborn and a preborn baby are size, level of development, environment, and degree of dependency. All of these facts confirm the reality that you are a person worthy of protection from the moment of fertilization.

A "Wanted" Child

Does your value depend on the degree that someone wants you? Let's be honest—a child is a child. How could any baby be called unwanted when there are over one million couples waiting, hoping, and praying for a chance to adopt a child?

"Safe" Abortion

Many young women believed this lie until it was too late. The book, *Lime 5*, documents over 200 cases of women injured or killed by legal, so-called "safe" abortions.¹ The end result of an abortion is a dead baby, and the potential for cervical cancer, breast cancer, infertility, and psychological pain. Where's the "safe" part?

"Back-Alley" Abortions

According to the Centers for Disease Control, 39 maternal deaths occurred due to illegal abortions in

1972 (the year prior to the *Roe v. Wade* decision that legalized abortion nationally).² Any loss of life is tragic, but this is nowhere near the alleged "thousands of deaths by back-alley abortions."

"I'm Personally Opposed, But I Can't Tell Others What To Do"

What if U.S. citizens had been willing to accept this justification for tolerating slavery? Our forefathers took away the "rights" of slave owners in order to give freedom and respect to African American people. Our youngest and most vulnerable are still slaves to the life and death decisions of others.

Rape and Incest

As traumatic as rape is, abortion does not un-rape the mother. The baby doesn't deserve to die for the crime of his or her father. Patricia, a victim of rape, said, *In my experience, abortion only compounded the trauma and pain I was already experiencing.... I would definitely discourage a woman from having an abortion. While it may seem to be the quickest and easiest solution to a painful, humiliating 'problem,' it is a band-aid approach with horrible ramifications of its own. For me, the effects of abortion are much more far-reaching than the effects of the rape in my life.*³

Most women who are raped don't want abortion. In the only major study of pregnant rape victims ever completed, Dr. Sandra Mahkorn found that 75 to 85 percent chose against abortion.⁴ People assume abortion is the best answer for rape and incest victims. Joan Kemp, a rape crisis center counselor, said, "I am familiar with no case of incest-related abortion that did not make matters worse for the victim. These abortions are done for the benefit of the adults involved, not the incest victim."⁵

Fetal Deformities

No one's perfect. Abortion for fetal deformities is a form of discrimination against disabled people. 80% or more of Down syndrome babies are now aborted.⁶ There are waiting lists of people who would be willing to adopt a special needs child.⁷ Who's to say their lives aren't worth living? When we make life and death judgments based on "quality of life," we start down the slippery slope of eugenics.

¹ Crutcher, Mark. *Lime 5*. 1996. | ² Centers for Disease Control and Prevention. "Abortion Surveillance—United States, 2004." Surveillance Summaries Nov. 23, 2007. MMWR 2007; 56 (No. SS-9). Table 19. www.cdc.gov/mmwr/preview/mmwrhtml/ss5609a1.htm | ³ Family Research Council. The 'Hard Cases' of Abortion. 2000. p.11. | ⁴ Mahkorn, "Pregnancy and Sexual Assault," *The Psychological Aspects of Abortion*, eds. Mall & Watts, (Washington, D.C., University Publications of America, 1979) 55-69. | ⁵ Family Research Council. *The 'Hard Cases' of Abortion*. 2000. p.16. | ⁶ Neumayr, George. "The New Eugenics." *The American Spectator*. July 13, 2005. http://theamericanprowl.com/util/print.asp?art_id=8418. | ⁷ Johnson, Chuck. "The Adoption Option for Children with Special Needs." National Council for Adoption. Accessed 7/18/07. www.adoptioncouncil.org/news/media_News_wp05_letter_to_editor.htm.

¹ Doe vs. Bolton, U.S. Supreme Court, No.70-40, IV, P.11, Jan 1973. | ² Guttmacher Institute. "In Brief—Facts on Induced Abortion in the United States." July 2008. www.guttmacher.org/pubs/fb_induced_abortion.html. | ³ Centers for Disease Control and Prevention. "Abortion Surveillance—United States, 2004." Surveillance Summaries Nov. 23, 2007. MMWR 2007; 56 (No. SS-9). Table 1 & 2. www.cdc.gov/mmwr/preview/mmwrhtml/ss5609a1.htm | ⁴ Ibid—Tables 9 & 10. | ⁵ Ventura SJ, Abma JC, Mosher WD, Henshaw SK. "Estimated pregnancy rates by outcome for the United States, 1990–2004." National Vital Statistics Reports; vol 56 no 15. Hyattsville, MD: National Center for Health Statistics. 2008. Table 3. www.cdc.gov/nchs/data/nvsr/nvsr56/nvsr56_15.pdf. | ⁶ Centers for Disease Control and Prevention. op. cit. Table 1. | ⁷ U. S. Census Bureau. Table 1. Male-Female Ratio by Race Alone or in Combination and Hispanic or Latino Origin for the United States: 2000. www.census.gov/population/cen2000/phc-t11/tab01.pdf | ⁸ See citations by graph on page 12 of *Did You Know?* | ⁹ Jones RK et al., Abortion in the United States: incidence and access to services, 2005, Perspectives on Sexual and Reproductive Health, 2008, 40(1): 6-16. Table 1. www.guttmacher.org/pubs/psrh/full/400608.pdf | ¹⁰ U. S. Census Bureau. Table 1. Population by Sex and Age, for Black Alone or in Combination and White Alone, Not Hispanic: March 2004. www.census.gov/population/socdemo/race/black/ppl-186/tab1c.pdf | ¹¹ Statistics provided by the Archives at the Tuskegee Institute. Available online at www.law.umkc.edu/faculty/projects/ftrialis/shipp/lynchingsstate.html.



Back in the 80's, there was a popular R&B song released by teenage artist Stacey Lattisaw. The song, "Love on a Two Way Street," was about the heartbreak of a young woman who met a young man, thought they were in love, and had sex with him only to find out that he was not truly in love or committed to her.

The scenario resonated with so many young people that the song was a hit. I wonder how many today could relate to that experience or something like it. I suspect even more than did in the 80's. Unfortunately, too many today try to deny the power and the emotional

consequences of sex. To avoid being vulnerable, many emotionally retreat behind a wall of denial. They convince themselves that it is okay to have sex without love or commitment... as long as you "protect" yourself. That "protection" usually refers to a condom. Condoms only *reduce* the risk for *some* STDs; they don't eliminate risk. This contributes to 19 million newly infected people in the US each year.¹ As physically damaging as sexual promiscuity can be, what gets overlooked is there is no condom that covers the heart.

Emotionally wounded, and definitely misguided, some people proudly declare that sex is not about love. On the outside, they may appear to be survivors and independent. The reality is this bravado is a cover up for emotional needs that are not being met; feeling unworthy of love, respect or commitment; or distrust of the opposite sex. As these repetitive sexual experiences occur, that denial wall gets higher.

When real love comes and commitment is possible, they don't recognize it and/or they can't let the wall down so that they can experience it.

The good news is there's a growing number of women and men who are mentally healthy enough to acknowledge that sex is very powerful and what happens to their bodies affects them emotionally. These healthy people may have had similar experiences, but choose to acknowledge the guilt, feel the pain of rejection and grieve the loss. As a result, they are also able to forgive, heal and avoid repeating the same mistake. Some call it

"abstinence," "celibacy," or "renewed virginity," others call it "keeping it tight till my wedding night" or "putting it on lock down." Whatever the title, they are choosing to stop the exploitation of self and others and save their body for the one who has earned and is deserving of their love and commitment for life—their husband or wife. These are the real survivors, the truly independent ones. I'm proud to count myself in this group. I too have found love, but we're not on a "two-way street" heading in opposite directions. We're on a one-way street to matrimony... and we won't be unwrapping our "wedding gift" until *after* the ceremony!

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Lorey Kelley

¹Centers for Disease Control. "Sexual Risk Behaviors." www.cdc.gov/HealthyYouth/sexualbehaviors/index.htm. Accessed 03/13/08.

Watchman to Watchmen: An Appeal to Pastors



Rev. Arnold Culbreath

God declares through the prophet Isaiah, in Isaiah 62:6, "I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day or night: ye that make mention of the LORD, keep not silence."

According to the Bible, as well as extra-biblical sources, watchmen of old were those appointed to be the instructors of God's people and the ministers of God's

teachings. (Ezek. 3:17; 33:7; Isa. 52:8; 56:10).

To this day, the watches in the East are performed by a loud cry as the watchmen go about their rounds. This is done frequently in order to mark the time, and also to show that they are awake to their duty. The truth taught here is that we who are appointed as overseers of the people of God and ministers of God's teachings should be ever watchful and unceasing in carrying out our duty.¹

Furthermore, watchmen who faithfully stood guard on their walls were expected to never hold their peace. We are watchmen on the church's walls, for the church is as a city besieged. It is our God-given responsibility as sentinels on the walls to take notice and warn the people of the motions of the enemy. As watchmen, it is necessary that you and I remain awake, faithful, and even willing to endure hardship when necessary. We must never hold our peace; we must seize every opportunity to give warning in season and out of season, and we must never betray the cause of Christ by a treacherous or cowardly silence. We must pray and not faint, even as Moses lifted up his hands and kept them steady until Israel had obtained the victory in battle over Amalek (Ex. 17:10,12).²

For whom do we watch, and what should be our cry?

We watch over the lives of God's precious people, and one of our cries should be in defense of the many defenseless black babies legally dying at a rate of approximately 1,275 everyday in the United States.

If you've read Akua Furlow's article "Reproductive Racism" (p.3), then you realize that Planned Parenthood (PP) was founded by those intent on destroying us. Now their successors perpetuate that agenda and have successfully convinced us that it is good to destroy ourselves. According to Cybercast News Service, 62.5% of PP's abortion facilities are located in African American communities.³

I firmly believe God deeply desires to close this door using the very ones who opened it... HIS WATCHMEN!

The forces of darkness, through Margaret Sanger and her Negro Project, were successful at infiltrating our community by way of black pastors and ministers, resulting in the deaths of *over 16 million of our babies*, and counting! I firmly believe God deeply desires to close this door using the very ones who opened it... **HIS WATCHMEN!**

We're living in tough times. Do you know one of the reasons the times are so tough? Because too many watchmen have avoided tackling the tough topics. Whether we address it or not, abortion is one of the predominant problems impacting African Americans today, and far too few of us realize how great a toll it has taken.

Our women account for 38% of all abortions, while only making up 13% of the female population.^{4,5} Our babies are dying by abortion at a rate of more than 466,000 each year.^{4,6}

Abortion is the leading cause of death among African Americans. In fact, you can stack HIV-AIDS, violent crime, accidents, cancer and heart disease one on top of the other and still not come close to the 16 million black babies that have died by abortion.^{7,8,9}

God expects His true watchmen to consistently carry out the same mission and mandate as Christ. Jesus reveals His kingdom mandate in Luke 4:18-19, "The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the broken-hearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, to preach the acceptable year of the Lord."

Whether you know it or not, many women and men suffer from post-abortion stress long after their abortions.¹⁰ As God's watchmen today, we have an incredible opportunity; to heal hearts broken by abortion; to assist in the deliverance of those held captive by abortion's aftermath; to help them to regain their sight and realize that there is still hope, directing them to resources for liberty from their captivity and bandages for their bruises!

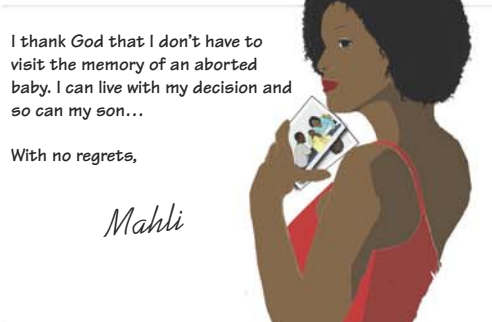
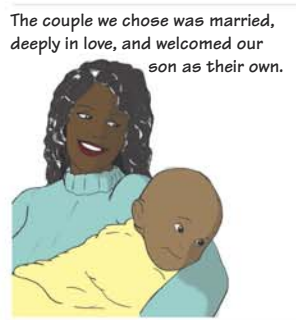
What will be your response to the truth presented in this article? I pray you will rise up and act...NOW! Proverbs 24:11-12 (NIV) says, "Rescue those being led away to death; hold back those staggering toward slaughter. If you say, 'But we knew nothing about this,' does not he who weighs the heart perceive it? Does not he who guards your life know it? Will he not repay each person according to what he has done?"

May each of us truly be God's faithful watchmen upon the walls, never holding our peace day or night, refusing to keep silent. Watchmen of today, working to close a door to our community, opened by watchmen of our past.

Rev. Arnold M. Culbreath is the Urban Outreach Director for Protecting Black Life. To contact him call 513-729-3600 or visit www.protectingblacklife.org.

¹ Barnes' Notes, Electronic Database. Copyright (c) 1997 by BibleSoft. | ² Matthew Henry's Commentary on the Whole Bible: New Modern Edition. Electronic Database. Copyright (c) 1991 by Hendrickson Publishers, Inc. | ³ Hall, Randy. Special Report - Abortion Causing 'Black Genocide,' Activists Say. Cybercast News Service, February 2005. www.cnsnews.com. | ⁴ Centers for Disease Control and Prevention. "Abortion Surveillance - United States, 2004." Surveillance Summaries No. 23, 2007. MMWR 2007; 56 (No.SS-9). Table 1. www.cdc.gov/mmwr/preview/mmwrhtml/ss5609a1.htm | ⁵ U. S. Census Bureau. Table 1. Male-Female Ratio by Race Alone or in Combination and Hispanic or Latino Origin for the United States: 2000. www.census.gov/population/cen2000/phc-t11/tab01.pdf | ⁶ Jones RK et al. Abortion in the United States: incidence and access to services, 2005. Perspectives on Sexual and Reproductive Health, 2008, 40(1): 6-16. Table 1. www.guttmacher.org/pubs/psrh/full/400608.pdf | ⁷ See citations next to graph on page 12 of *Did You Know?* | ⁸ Guttmacher Institute. "In Brief—Facts on Induced Abortion in the United States." January 2008. www.guttmacher.org/pubs/ib_induced_abortion.html | ⁹ Centers for Disease Control and Prevention. op. cit. Table 1 & 2. | ¹⁰ See Reardon, David, "Aborted Women: Silent No More," Crossway Books, Westchester, Illinois, 1987 or "PAS: Post Abortion Syndrome, Are you at Risk?" by David Reardon Ph.D.

NO REGRETS [a true adoption story]



We Shall Overcome... ABORTION



Day Gardner

One month out of the year, February, we take the time to remember the tragedies and celebrate the triumphs of African Americans in history. We celebrate the fact that we are a strong race that survived horrors and inhumane treatment when we were an enslaved people—presumed by many to be less than human.

We came together in the 1960's facing very difficult times when hundreds of African Americans suffered physical torture and sometimes death. This for wanting to experience the American dream and insisting we be allowed that which we as American citizens are

entitled to under the laws of this great country.

Since the 60's we have continued to make great strides in breaking down color barriers and the walls of inequality. We have become doctors, lawyers, educators, movie stars, corporations and conglomerates. But I worry that many of us in the black community have forgotten what the struggle was all about. In our quest for higher education, bigger houses, better jobs and flashier cars... are we closing our eyes to the fact that more than a thousand of our children die each day by the horrible practice of abortion?

These children are denied their most basic human right—which is the right to life; a right which our ancestors so proudly worked for, marched for and many of them died for. More than 50 million children have been killed by abortion—over 16 million of them were black children. Abortion has become the number one killer of black people in this country—killing more African Americans than accidents, heart disease, cancer, crimes, HIV-AIDS and all other deaths... COMBINED!

For Chart:

Abortion Numbers: Centers for Disease Control and Prevention. "Abortion Surveillance – United States, 2004." Surveillance Summaries Nov. 23, 2007. MMWR 2007; 56 (No. SS-9). Table 1. www.cdc.gov/mmwr/preview/mmwrhtml/ss5609a1.htm. Jones RK et al., Abortion in the United States: incidence and access to services, 2005, Perspectives on Sexual and Reproductive Health, 2008, 40(1): 6-16. Table 1. www.guttmacher.org/pubs/psrh/full/4000608.pdf | **All other numbers:** Statistics from the National Center for Injury Prevention & Control are available at <http://webappa.cdc.gov/sasweb/ncipc/leadcaus10.html>.

We are very quick as a people to recognize racism everywhere else except the one place that truly affects all of us. Most blacks will agree that racism is still very much alive—yet say nothing when abortion facilities are placed purposefully in minority and poor communities. This is no accident! More than 38% of all abortions are performed on black women. In 2004, more than 466,000 black babies were killed by abortion.

We must realize that abortion is a multi-million dollar a year business that makes money by killing our children. Abortion providers need us to make their blood money. If we as black people say "NO!" to abortion—the industry will cease to exist. We are the underground railroad of our time, and it's up to us to make abortion a thing of our historical past. If we stand united against this horrific practice... we shall overcome this, too.

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